Factors that make a Planet Habitable	Not Enough of the Factor	Just Right	Too Much of the Factor
Temperature Influences how quickly atoms & molecules move		-15C to 115C means that liquid water can exist in the right conditions	
Water Dissolves and transports chemicals within and to and from a cell	Chemicals a cell needs for energy and growth are not dissolved or transported to the cell		
Atmosphere Traps heat, shields the surface from harmful radiation, and provides chemicals needed for life, such as N and CO2			Causes a runaway greenhouse effect like we see on Venus
Energy Organisms use light or chemical energy to run their life processes		Cells can run chemical reactions necessary for life	
Nutrients Used to build and maintain an organisms body.	No chemícals – no cellular processes		
Albedo Reflects a certain amount of starlight from a planet			The planet will reflect too much radiation and become too cold
Protection Life needs protection from harmful solar radiation, as well as from orbit-crossing impactors	Radiation and impactors can reach the surface		
Gravity  Affects the physiology of living organisms, as well as the amount of atmosphere a planet has		The planet will have the perfect amount of atmosphere	